



Diploma in Counseling 輔導學文憑

Application Deadline: 5 days before course commencement

Description The present diploma aims to present to the participants concepts and theories of counseling psychology. The emphasis is on the application of these concepts in helping professions in social services settings.

Objective On the completion of the program, the students will be able to:
a. Understand the basics and practices of counseling psychology
b. Apply counseling principles in work and daily living.

Learning Format This diploma follows the scientist-practitioner of the American Psychological Association. The course outline is structured on a strong research-based theoretical perspective with practical applications in the local community.

Learning Outcome This diploma is structured on the fundamentals of counseling psychological theories and applications. All the courses are similar with graduate and master courses in local and overseas psychology programs. Thus, the diploma can serve as a preparation program for master degree programs in counseling and clinical psychology. Students can apply for exemption of corresponding courses in other university programs.



The Diploma of Counseling consists of four compulsory courses and two elective courses. A certificate will be granted upon successful completion of each of the course, and a diploma will be granted upon successful completion of all compulsory and one elective course. The minimum attendance rate in each course is 80%.

Course Name	Dates	Time	Hours	Per course
Compulsory Courses		18:45-21:45		(MOP)
1. Counseling Theories 輔導理論	2014/2/11-5/27	Tuesday	42	\$4,300
2. Educational and Psychological Assessment 教育及心理評量	2014/2/13-5/29	Thursday	42	\$4,300
3. Abnormal Psychology 變態心理學	2014/6/24-9/30	Tuesday	42	\$4,300
4. Counseling Skills 輔導技巧	2014/6/26-9/25	Thursday	42	\$4,300
Elective Courses (Select one option from the following)				
5. Gambling Disorders 病態賭博	2014/10/28-2015/2/10	Tuesday	42	\$4,300
6. Family Counseling 家庭輔導	2014/10/30-2015/2/12	Thursday	42	\$4,300
Diploma (4 compulsory courses and 1 elective course)			210	\$21,500

Instructing Language and Materials Language: Cantonese, supplemented with English vocabulary
Materials: English teaching materials

Potential Applicants This program will best benefit civil servants, correctional personnel, teachers, social workers and nurses, who want to advance their knowledge in counseling psychology.

Requirement of Educational Level

- Senior secondary graduates or above;
- Preferences will be made to students with (i) bachelor degree in related areas; (ii) with related work experiences, and (iii) support from employer

Assessment Individual Project (40%)
Close-book Examination (60%)

Compulsory Courses

Counseling Theories (42 hours) 輔導理論

This course surveys the classical and contemporary theories in counseling. Topics of interest include the Freudian and the psychodynamic therapy, the humanistic traditions, behavioral therapy, cognitive behavioral therapy, existential therapeutic approaches and brief therapies. The emphasis is to present to the students a general introduction to the diverse therapeutic foundations of counseling psychology.

Educational and Psychological Assessment (42 hours) 教育及心理評量

This course introduces to students the principles and the methodology of psychological assessment and diagnosis. The emphasis is on the usage and the interpretation of the commonly used psychological inventories such as the Minnesota Multiphasic Personality Inventory, Beck's Depressive Scale, Rosenberg Self-Esteem Scale and clinical measurement protocols such as the Canadian Problem Gambling Index for the assessment of problem gambling. The integration of the sources of the assessment into a clinical diagnosis is essential. And students in this course are taught the techniques of psychological reporting on clinical cases.

Abnormal Psychology (42 hours) 變態心理學

In this course we intend to introduce to students aspects and perspectives of psychopathology and the corresponding treatment of each disorder. Topics of interests include schizophrenia, mood disorders, mental retardation, anxiety disorders, Alzheimer's disease, Parkinson's disease, autism, addictive disorders, learning disabilities, stress-related disorders, personality disorders and conduct disorders of children.

Counseling Skills (42 hours) 輔導技巧

This course introduces to the students the fundamental skills of counseling and its application in the helping profession. The learning will be in a group format, where the students can practice the counseling skills, using actual cases.

Elective Courses

This course provides students an opportunity to apply the theories they learn in the previous courses into relevant cases in the local community. In each option, the students will learn the theoretical and research perspectives of that counseling clientele. They are also required to have an in-depth understanding of the professional and ethical issues in the selected area.

Gambling Disorders (42 hours) 病態賭博

This course aims to present students the theories of gambling disorders and the suitable treatment for this type of clientele. The course will survey the perspectives of the etiology and the treatment of gambling disorder. The emphasis is to equip the students with the skills and knowledge in the treatment of gambling disorders.

Family Counseling (42 hours) 家庭輔導

This course surveys the major theories of family counseling and their application in the Macau community. The emphasis is on the structural and cognitive-behavioral therapies. Students will be given a chance to analyze the actual cases and formulate the corresponding treatment.

Application Fee	MOP 100.00 (non-refundable)	Documents	<ul style="list-style-type: none">• Application form
Tuition Fee	1. By cheque/cashier's order, payable to "University of Macau"	required	<ul style="list-style-type: none">• 1 copy of ID card/other appropriate identification documents• 1 copy of academic qualification• 1 recent photo
	2. By VISA/MASTER card	Address	Ground Floor, K. C. Wong Building, Centre for Continuing Education, University of Macau
		Office Hours	Mon – Fri 9:30–21:00; Sat 10:00-17:00; Sun 9:30-13:00 (Closed on Macao Public Holidays)

【Application will be closed once all seats are filled】

For seat reservation, please fill out the online application form and you will be confirmed by email.

Website: <http://www.umac.mo/cce/>

Phone: 8397 4545

Email: cce.enquiry@umac.mo

Fax: 2883 8321